

Wellbeing Event Feedback

NHS Community Champions Health and Wellbeing Event.



Details of Event:

The event took place on the 6th September at St Stephens shopping centre. The NHS Community Champions who attended included, Neighbourhood Network, Macmillan, Hull Woman's Aid, Hull 4 Heroes, Hull and East Yorkshire Mind, Humber, CHCP Wellbeing Service, and many more.



Why we attended:

It was an opportunity to engage with members of our local community, promote our service and the support and resources we offer.

We also wanted to connect with the other services there to learn about the support and resources they offer.

What did we do:

- We asked people to share their experiences of accessing healthcare services, both positive and negative.
- We provided a wide range of information and resources, including easy read booklets and communication boards on various subjects, hospital passports, and information on reasonable adjustments, and the barriers that people can face when accessing healthcare.
- We signposted people to the Wellbeing website and all the information and resources available on there.



Wellbeing Event Feedback

NHS Community Champions Health and Wellbeing Event.



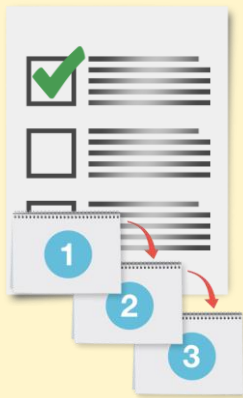
What did people tell us?:

The positive experiences people shared were:

- Been able to get an appointment when needed.
- Feeling listened too.
- Having reasonable adjustment needs met.

The negative experiences people shared were:

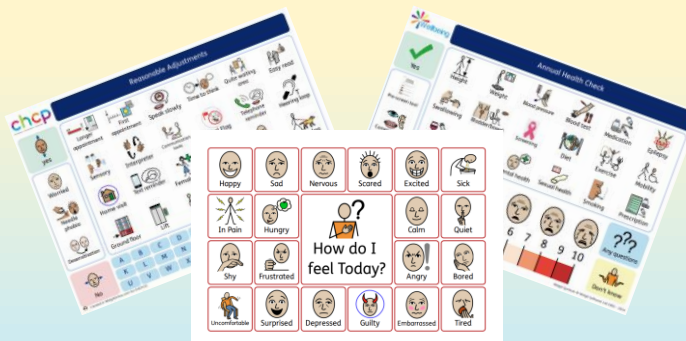
- Struggles with navigating telephone and online appointment booking systems.
- Lack of support/understanding with perimenopause/menopause symptoms.



What we will do with this information:

- Share feedback received with GP Practices, other relevant healthcare services, and local commissioners.
- We are working closely with GP practices to promote awareness of reasonable adjustments and accessible information.
- The Wellbeing team are currently developing an accessible training session on perimenopause/menopause signs, symptoms, treatment, and support.

“Having a good annual check every year!”
Attendee Feedback



A very valuable service, with brilliant resources!
Attendee Feedback